

Physiotherapy Community Resources

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Don't see a physio in your area? Check out the BC Physiotherapist website:
"Find a Physio" – look for pelvic floor physiotherapy.

We encourage you to call the clinic and have a conversation with the staff and/or physiotherapist.

1. Ask them about their experience and expected treatment /experience.
2. Have they worked with EMG biofeedback?
3. What is their approach to the treatment?

Also keep in mind that if pelvic floor aspect is only a small part of their Area of Practice, then they mightnot have a lot of specialty experience with vulvodynia.