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Other Lower Mainland

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Vancouver Island:

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Interior:

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Wild Berry Pelvic Health Physiotherapy
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South Okanagan Physio
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Wave Physiotherapy
Kelowna, BC
250-763-9283
<https://wavephysio.ca/>

Grand Forks, BC

Other BC:

Hannah Barnes
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Smithers, BC
778-640-1119
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Yvonne Schmidt
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Janelle Vandermeer
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PG Pelvic Floor and Core
Prince George, BC
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<https://www.pelvicfloor.ca/>

Don't see a physio in your area?

Check out the [BC Physiotherapist website](https://bcphysio.org/find-a-physio): (<https://bcphysio.org/find-a-physio>) – look for pelvic floor physiotherapy.

We encourage you to call the clinic and have a conversation with the staff and/or physiotherapist.

1. Ask them about their experience and expected treatment /experience.
2. Have they worked with EMG biofeedback?
3. What is their approach to the treatment?

Also keep in mind that if pelvic floor aspect is only a small part of their Area of Practice, then they might not have a lot of specialty experience with vulvodynia.